

*The*  
**KING'S ARMS**

# GLUTEN FREE MENU

## *While you wait*

Mixed marinated olives - v	£4.25
Creamed smoked mackerel with toasted bread	£4.75

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## *Starters and Sharers*

Homemade soup of the day with toasted bread - v	£5.50
Tandoori chicken wings with cucumber salad and yoghurt dip	£6.25
Smoked trout with orange and fennel salad with a horseradish dressing	£8.25
Baked Camembert with honey and rosemary served with toasted bread and roast garlic jam - v	£11.95
Smoked fish board of mackerel, trout and salmon with a grilled lemon, toasted bread and sour cream and chive dip	£15.95
Cheese ploughman's with Cheddar, Stilton and Brie, tomato, pickled onion and apple with toasted bread - v <i>Add home-cooked ham for £2.00</i>	£11.95

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## *Mains*

6oz Beef burger with spicy tomato chutney on a toasted bun, lettuce, tomato, crunchy summer slaw and fries - <i>Add cheese and bacon for £1.00 each</i>	£10.95
Fish of the day in a Wadworth 6X Gold beer batter served with chips, peas, lemon and tartare sauce	£12.50 / £7.95
10oz Dry aged rump steak with mushroom, grilled tomato, fries and dressed leaves <i>Add peppercorn sauce, Stilton sauce or garlic butter for £2.00 each</i>	£18.95
Home-cooked honey glazed ham with free-range fried eggs, slow roasted tomato and chips	£10.50 / £7.50
Chargrilled swordfish loin steak on chorizo, saffron and sun blushed tomato risotto	£16.50

(v) = vegetarian option. (vg) = vegan option. All weights are approximate before cooking. All food is prepared in our kitchen where nuts, gluten and other allergens are present. Processes and training are in place to ensure that gluten-free meals on our gluten free menu are gluten-free. Our menu descriptions do not include all ingredients.

**IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.**

Full allergen information is available upon request. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association. 0617/1.



## Sides

Beer battered onion rings - v	£3.25	Chips - v	£3.00
Fries - v	£3.00	Chips with cheese - v	£4.00
House salad - v	£3.00	Seasonal vegetables - v	£3.00

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## Sandwiches

Please ask for today's bread selection and then choose from the fillings below

Brie, bacon and cranberry	£7.25
Fish goujons with lettuce and tartare sauce	£7.25
Mature Cheddar cheese and spicy tomato chutney - v	£6.25
Chicken with crispy bacon, lettuce, tomato and Dijon mustard mayonnaise	£7.25

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## Puddings

All puddings £5.95

Choose 3 scoops from our ice-cream and sorbet selection, ask us for more details - v

Eton Mess - English strawberries with ice-cream, meringues and Chantilly cream - v

Chocolate brownie with chocolate sauce and vanilla ice-cream - v

Sticky toffee pudding with rich toffee sauce and vanilla ice-cream - v

Raspberry and white chocolate crème brûlée - v

A selection of British cheeses with apple, grapes, celery and chutney
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£8.50
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## Hot Drinks

Americano	£2.50	Flat white	£2.75
Cappuccino	£2.75	Hot chocolate	£3.00
Latte	£2.75	Pot of tea	£2.50
Espresso	£2.25	Speciality tea	£2.70
Double espresso	£2.75	Mocha	£3.00

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**Seasonal daily specials are always available ask us for more details**

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